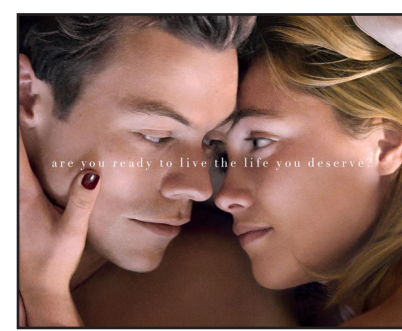


The Bluffer



Photo/Curtis Wagner



Photo/Bluffer



Photo/Bluffer

RBHS celebrates Hispanic Heritage Month

Asia Lugo

Staff Writer

Hispanic Heritage Month has finally started! This month is dedicated to celebrating the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. Hispanic Heritage Month is celebrated annually in September.

This year it begins on Thursday, September 15th, and ends on Saturday, October 15th. Hispanic Heritage Month is celebrated to mark our nation's diverse culture and heritage. For one advisory class period during Hispanic Heritage Month, a group of teachers, students, and staff came together to create a video about why they love and are proud of their culture. Mrs. Lopez is a new teacher this year who,

after working last year as a student teacher, decided she wanted to come back and work at RBHS as a Spanish teacher, because she loves her students and sharing her language and culture with her students means a lot to her. Mrs. Lopez said that she misses her family from Los Angeles and she loves to Facetime them and loves any chance she gets to

talk to them. Mrs. Lopez was one of the faculty on the video about talking about Hispanic culture. They emailed the facility and asked if anyone wanted to be a part of the video, and she said she felt like she needed to because she is Hispanic. She said it was fast and was a quick recording. She says that Frida Kahlo is a female artist that inspires her

to speak up for other women. She decided to teach Spanish because of her love for sharing her culture and language.

Hispanic Heritage Month is very important and special to the Hispanic community and very important to many students at our high school. During lunch some faculty members and some students were out serving food like

snow cones, waters, sodas, mexican candy, etc. The people who helped set the fundraiser lunch activity were all different kinds of clubs like, honor society, S.O.L.E.S, mending mindsets club, and an outside agency called Status. Mrs. Harris said that they met up around a month prior to plan and organize the event. This was

held at the structure near the spartan plaza and while the food and drinks were being served, our Ballet folklorico de RBHS club was dancing and their performance was absolutely amazing. Hispanic heritage month is a time to recognize and celebrate the many contributions, diverse cultures, and extensive histories of the American Latino community. Around the school there were posters and banners promoting hispanic heritage month talking about the dates and what events were happening around the school. Mrs. Harris was on of the staff who put the fundraiser event together and she does alot to help with these events and alot of people enjoy them and she does an amazing job, the clubs also do a lot. They check out the event calendar for all the upcoming events and see what to get ready for and they all work very well together.



A bulletin board in Mrs. Wagner's room (Top Left), Luke Lyford (Right) and Kristtira Ochog (Left) play Pin the Tail on the Donkey (Top Middle), Myra Hernandez and Jackie Venegas display a S.O.L.E.S. sign (Top Right), Ballet Folklorico dancers perform at lunch (Bottom)

Availibility of menstrual products at Red Bluff High School addressed

Courtney Evans

Staff Writer

Over the past two months school has been in session here at Red Bluff High, and it's come to many students' attention that there has been a tampon dispenser recently installed in one of the boys bathrooms and not in the girls bathroom. Both of these bathrooms are located between the H and L buildings. That may seem like the main problem, but many students and staff have found it rather odd that the girls bathroom right next to the boys does not have a tampon dispenser.

The girls do have a tampon dispenser in their locker room, in the bathrooms that are open during football games and in the gender neutral bathroom located in the library.

Unfortunately, the locker room is not always open, especially in the middle of class and the other bathroom is only open during sports games and other events that normally occur after school, which can be problematic and stressful for those in need of tampons. Another problem is that the bathrooms with dispensers may be far from some people's classes, which leads to them having to walk far just to get to a dispenser. This could cause conflict because they could get in trouble for being out of class for too long. Many have also noticed that all the tampon dispensers are often empty. Which leaves us wondering, why isn't there a dispenser in each bathroom on campus, and why are they empty. Because of these issues a campus club called

Women Supporting Women, led by Red Bluff High School seniors Natalie Moore and Mia Gleason, has taken it upon themselves to help support girls in having access to menstrual tampons and pads. "One of our members, Autumn Craytor, noticed that period poverty in our community was a relevant issue that must be addressed and brought this to our attention. In honor of her, Natalie and I wanted to make sure that this year there would be access to free pads and tampons. Mrs. Roth, our school nurse, has supported our initiative from when we first met with her to solve this issue. The women's club, Soroptimist, has donated supplies for our tampon and pad cart. They have shown a great interest in assisting us in getting supplies which we are very grateful

for!", said Mia Gleason. In the interview, Mr. Hassey explains how he was unaware of the amount of dispensers we are lacking in our bathrooms and that the tampon dispensers are always empty. With this topic being brought to his attention, Mr. Hassey did some research and found out that in California all public schools must have 50% of their bathrooms filled with tampon dispensers. After learning this, Mr. Hassey states that he will be reaching out to our maintenance crew to ensure that the criteria will be met, and 50% of our restrooms will have dispensers. Until then, there are free tampons and pads located outside of the school nurse's office if needed. The tampon dispenser issue is actively being addressed and change will take effect in the next couple of weeks.

RBHS offers after school tutoring

Caleb Polster

Staff Writer

Students that have had any difficulty passing their classes or are struggling adapting to a classroom environment now have the option to take advantage of tutoring services made available by teachers on campus.

Alisa Pelanconi, one of the English teachers here on campus, has a positive opinion regarding tutoring saying, "Tutoring is a great way for students to get extra help with their classes. For English, students can also utilize that time to work on their college essays, or any other writing assignments that they feel they need help with. Students have also come to tutoring to get help with job applications, cover letters, and resumes." Melinda Richardson teaches math, and also believes in the importance of tutoring on campus. She has periodically tutored on campus for seven years. She

says, "I really enjoy tutoring because I admire the students' hard work and commitment to getting an education. The students are kind and say thank you to us teachers, which makes me feel good. I tutor in math, and it is sometimes for classes that I am not currently teaching, so that makes it fun for me." David Michael, one of the science teachers on campus, enjoys being able to offer assistance to struggling students outside of class. He says, "It takes effort for students to come in outside of class time, and whenever I see a student making that effort, I feel inspired to help them out. I've tutored in one form or another ever since I became a teacher, so 27 years. Normally, I will teach (or better re-teach) what the student has already been taught. It is different from a typical class because of the individual attention that can be given to the student. This allows an easier identification of misunderstandings and how to make them go away."

Cap & Gown Info

- A representative from Ultimate Grad will be on campus to answer any questions regarding cap and gown orders.
- The representative will be available during lunch in the gym on 10/27, 11/8, and 12/6. There will be more dates to meet in the Spring semester.

Fiction Addiction Club

- Fiction Addiction, a reading and writing club, meets Fridays at lunch in H305 (Mr. Dais' room).

LIFT Tehama

- If you do not have a birth certificate, California ID, or social security card/number, there will be a field trip on 11/18 to LIFT Tehama to help get these documents.
- This is for seniors only. To join, contact Mrs. Harris or Mrs. Andrews or stop by the counseling center

STAFF EDITORIAL

Kanye West needs to be stopped, racism on Twitter

Kanye West has once again shown all the reasons why he needs to stay banned off of social media. In his most recent scandal, he tweeted an anti-semitic message towards Jewish people, specifically to Mark Zuckerberg. Instagram restricted him due to violating their rules and guidelines, to which he retaliated with, "...I'm going death con 3 on JEWISH PEOPLE the funny thing is that I actually can't be Anti Semitic because black people are actually Jew..". The tweet, posted on October 8th, proceeds to attack Jewish people for "toying" Kanye and that they "black balled" him for opposing their "agenda".

His behavior, combined with his high following on Twitter of 31.1 million people, could be detrimental to the Jewish community. Promoting this kind of hate speech could lead to a rise in hate crimes against Jewish people. Spreading the idea that Jewish people have an "agenda" alludes to the numerous conspiracy theories that have been made against Jewish people. The theories all lead to the idea that Jewish people are attempting to take over the world.

Many current theories are influenced by the idea that Jewish people control mainstream media and that they will take over the world.

In another tweet by West, he stated, "who do you think created cancel culture?" His tweets have no validity and make absolutely no sense. They only continue to spread Anti-Semitic beliefs in mainstream media. Kanye has a Twitter following

double the amount of Jewish people on Earth. Jewish people make up 2% of the US population, yet are 60% of religious hate crimes, which has seen an uptick since 2021. Whether or not more hate crimes happen to Jewish people after his vile tweets, it is still disgusting that he would say such a thing no matter his mental state.

Kanye hasn't opened up much about his mental health since his public diagnosis in 2016. He is one of few celebrities to be openly out with bipolar disorder. But just because Kanye is a cultural icon to many and has a mental disorder doesn't excuse him from facing the consequences of threatening Jewish people on a Twitter account with 31.1 million followers.

His mental disorder should not be correlated with being a racist and bigot. They are completely separate issues, and it is clear that not every mentally ill person is a bigot, and not every bigot is mentally ill.

At this point, Kanye's behavior is not out of refusal to get help when he has every resource available to him. He is just genuinely a bigoted person His behavior has been excused due his bipolar disorder and other mental illnesses.

He should not be seen as a representative for being mentally ill just because he is mentally ill. In fact, Kanye West has done controversial things his entire career, but it only seems to be concerning now because of his diagnosis as the things he's done have appeared worse and worse.

Citizens in Iran treated with injustice

Laylin Johnson
Staff Writer

7200 miles away, on the 16th of September, a 22 year old woman named Mahsa Amini died after sustaining severe injuries to her head, leading to stroke or brain hemorrhage. The Iranian morality police, or Guidance Patrol, claims that she had suffered a heart attack and fell into a coma. However, this is a lie created by the morality police in order to save face. Mahsa Amini had been beaten and abused by the morality police to such a horrible degree that she died, simply because she had worn her hijab, an Islamic head covering, improperly.

In 2011, Mohamed Bouazizi's death acted as a catalyst that



sparked the Tunisian Revolution and later the Arab Spring. The death of Mahsa Amini has caused a similar eruption of unrest, as anti-government protests across Iran have sprung up in response to her death, seeking to end the brutal oppression that the Iranian government has continued against its own citizens for over 40 years. In response, the Iranian government and

morality police continue to crack down on and kill protesters, with human rights organizations claiming that over 150 people have died from said crackdowns. Among the dead are 16 year old Nika Shakarami, an art student whose nose and skull were smashed by the police. With her is 18 year old Parsa Rezapour, who was shot by police and died in his mothers arms. In total, at least 9 children have been confirmed to have been killed for protesting against the government.

Since we have only received images and videos of these horrible instances because

of the internet, it is likely that the Iranian government will completely shut it down, if they have not done so already. After the internet was shut down in 2020, for similar reasons, the Iranian government killed hundreds of its own people, unseen by the eyes of the world. This will likely happen again.

We must sanction Iran's leaders and their children, as they are allowed to live freely and unrestricted abroad, yet their fellow citizens are brutalized by their government. I encourage everyone who reads this to contact your representatives and senators, and demand that they support the sanctioning of these hypocritical individuals who participate in the disgusting injustice Iran perpetrates upon its citizens.

Students opinion on cellphone policy

Griffon Grondin
Staff Writer

The Cell Phone Policy is a policy that was instituted at the start of this year, and is planned to be something that lasts years to come.

A quick overview of the rules show that students may not have their phones out during instructional periods, with very few exceptions of this rule, and that you may also not have any other mobile devices out such as wireless earbuds, and smart watches. If a phone is seen in a pocket, on a desk, or anywhere else near the student, then this results in a violation, and so it is heavily advised to keep all electronics in a backpack or bag in general.

There are three violations a student is permitted to have until Saturday School is implemented



as a punishment, and up to that point students have to serve lunch detentions along with phone confiscations as their punishment.

Many students are hesitant to easily follow these rules as they do not like the idea of putting their phone away for the entirety of school for the most part.

The main part of this new policy that students have been having problems with is the exclusion of phones entirely, up to the point where

they can't even have it in their pockets, at least. Some of the students that are hesitant to follow the rules are so because they use music to calm down or focus, and now can't with the removal of wireless earbuds from the classrooms.

Even though most students are hesitant, there are still a few that see this rule as a positive thing as well, finding it easier academically to improve without their mobile devices as distraction. Overall most students do not like how this rule is being enforced, and would like some changes to the policy, if not getting rid of it entirely.



Irrisistable luscious lemon lime liquid

Codii Nguyen
Staff Writer

McDonald's Sprite is considered one of the best soft drinks, even better than regular Sprite. Fans of McDonald's Sprite claim that it tastes different than normal Sprite; it has a more potent and electrifying taste and explodes your mouth with intense carbonated flavor.

In addition, it's crispy, spicy, and simply more powerful than normal Sprite. But why is that? What makes McDonald's Sprite taste so good? It comes down to four main factors: McDonald's excellent filtration, a superior

syrup technique, perfect cold temperatures, and the usage of McDonald's wide golden straw.

McDonald's uses an extraordinarily stable and high-tech filtration system that ensures that your Sprite will always taste delicious.

Furthermore, McDonald's has a higher syrup-to-water ratio than other fountain drinks, including the ones from a bottle or can.

As a result, McDonald's Sprite



will never taste watered down, even after the ice melts.

Besides Sprite from McDonald's being simply impeccable in every way, McDonald's makes use of their wide golden straw. Being bigger in circumference than the average straw, the McDonald's straw lets the drinker consume more Sprite at once, allowing it to reach all areas of the taste buds.

While the McDonald's straw isn't needed to enjoy the delectable taste of its Sprite; nevertheless, it does enhance the experience. McDonald's Sophomore Sprite enthusiast, Eleanor Bliss, said, "Yeah, they must put drugs in it or something. It's so addictive! It just tastes better than regular Sprite for some reason." To put it quite simply, McDonald's Sprite is superior and better than normal Sprite. The feeling of that explosive and tangy taste of lemon and lime while the drink's carbonation fizzes in your mouth is a taste matched by no other drink.

Students need shade by busses

Keira Klein
Staff Writer

Here in Red Bluff, it's not unusual for the temperature to be close to 100 degrees, even during the fall months. During the day, everyone can escape to classrooms and other buildings to avoid the heat. Eating lunch and hanging out under the newly constructed shade structure also provides a bit of relief. However, after school, students waiting for their busses to arrive have nowhere to go.

The bus stop is merely a gravel pit with a few concrete tables scattered across it. There's no shade, or any covering of any

kind. Instead of being able to hide under a shade structure, they must sit and bake.

The suffering of these students does not end with the summer heat, though.

When the rain comes, students must stand in the cold and get drenched while they wait for their bus to arrive. This may not sound terrible, because for some, their buses arrive either right after the final bell rings, or a few minutes later. But for most, it can take anywhere from twenty minutes to an hour for their bus to arrive.

These students must stand in anything from pouring rain in forty degree weather

to burning, sweltering heat. They run the risk of getting heat stroke and overheating in the hot months, and suffering frostbite and even pneumonia during the cold, rainy season.

Adding a covering of some kind, even just a simple, square roof, would save these students from suffering out in the elements. They would be spared from downpours, and the sun's harmful rays.

These students should not have to worry about overheating or getting frostbite just because they have to wait a while for their bus to arrive.

They need some sort of covering to keep them safe from the elements, year round.

Were you a fan of Kanye?

John Sheffield
Staff Writer

Kanye was back on Twitter! For less than a whole day. Now many are wondering, how did our saint get removed from an app that is continually suppressing the gospel that is Kanye. I mean how could he not be at least a saint, he changed his name to Ye, short for Yeezus; a brilliant play on words relating to Jesus himself.

Back to his great Twitter revelation, Kanye spoke or in this case tweeted, "When I'm waking up I'm going DEFCON 3 On JEWISH PEOPLE."

Now, many of you would

believe that this was antisemitic, but when you're following the word of god all is forgiven.

I mean when you name a whole album Jesus is King; it's on the level of paying the church to go to heaven.

Anything that Kanye's done can be justified like most rich Christians; from Trump to Gates a small loan of a million dollars justifies any sin (especially adultery). Compared to all the sins erased through indulgences, an antisemitic remark should be easily erased through another one of Kanye's generous donations to the church.

Let it not be forgotten that Kanye stated, "god saved me

from that crash, just so I can beat Pete Davidson's ass." God saved Kanye from death, so like a normal person he began following the faith that saved him, and like many other Christians, Kanye was against the people that killed his King. However, as Kanye stated later in the tweet, "the funny thing is, I can't be antisemitic because black people are Jew also."

Although some may view the comments made by Kanye as some kind of antisemitism bigotry that worsens America as a whole. Kanye, a devout Christian who is constantly donating to the church and a jew as well should be exempt from any type of hatred.

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Editorial Policy: Opinions expressed are not necessarily those of the district, staff, or student body. We welcome signed letters to the editor. Names may be withheld upon request. We also reserve the right to edit submission based on length and/or clarity.

Spartan Sound Off

What is your favorite scary movie and why?



Abbie Wagner (9)

"Texas Chainsaw Massacre because I like the gory stuff."



Haydon Bailey (10)

"The Blair Witch Project, because I watched it when I was young."



Milan Daniels (11)

"It 2, because the clown is hot."



Kirby Moreno (12)

"Scary Movie, because it is really funny."



Mr. Barriga

"Cat's Eye, because it has multiple plots."



Ms. Tomasetti

"Children of the Corn, because it terrorized me as a child."

Sound Off / Mickey & Brailynn

NASA interns attend first research trip to Lassen Volcanic National Park alongside esteemed NASA scientists

Sophia Drugovich
Staff Writer

One of the most unique things that RBHS has to offer is their NASA Internship program run by Mr. Michael. It started off as an after school program fifteen years ago and over the past five years it has developed into a class.

In this class students have the amazing opportunity to work with actual NASA scientists and to dip their toes into the world of field science which is not a common opportunity in most high schools.

Along with this, students get the chance to learn how to use critical thinking and analyze data while working with their classmates and the unique environment that is around them.

The most recent field trip was to Warner Valley up in Lassen Volcanic National Park. The reason the NASA program chose this location is because as said by Mr. Michael, "It is a unique part of Lassen that has a lot of different aquatic environments that allow us to study microbes under different conditions."

It is very rare to have the access that the people of the Red

Bluff area have when it comes to how close and uncommon Lassen is. Especially in recent times with the unfortunate and devastating Dixie fire that made parts of Lassen National Volcanic Park restricted from public access. This park has conditions that are similar to that of Mars and scientists are working with the area to better understand the conditions on the planet.

While in the park, students took samples of different water in multiple locations.

They did this so they could continue to grow

microbes in class and carry out experiments regarding PH and conductivity.

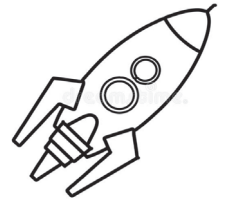
When asked what the big picture and main goal the class was working towards Mr. Michael said, "by the end of the class the hope is that students better understand what is happening biologically and what is happening up in Lassen park." To do this it is important that they have wonderful opportunities like this to get out into Red Bluff's backyard to have a better knowledge of what is happening just

a couple miles away.

One of the students in the program, Evelyn Frucci, said that she, "recommends that if anyone has an interest in science, especially astrobiology, you should definitely look into the application process for next year."

The NASA internship program welcomes Juniors and Seniors who have previously taken chemistry so that they can better understand the work.

When asked about why she wanted to join the



program Evelyn said that she "has always had an interest in science and I thought that it would be an interesting avenue to take." Overall her favorite part of the program is the fieldwork and the many opportunities the class gives.

To have the chance to get to work with NASA scientists is a once in a lifetime opportunity and can open many doors for students.



NASA interns observing their surroundings at Devil's Kitchen in Lassen National Park



Ethan Lugo (top left) and John Sheffield (bottom left) taking samples

Spartan Student Feature: Cooper Sides

Logan Deveraux
Staff Writer

Out of all student athletes here at Red Bluff High School, statistics show that about only two percent of them will go on to play Division 1 sports. Going D1 means recruits have been watching you play sports since your Freshman or Sophomore year of high school.

It is typically larger schools with bigger budgets and more competitive teams and players. Freshman athlete, Cooper Sides, has been fortunate enough to receive four D1 offers for baseball.

He has been playing baseball since he was three years old. Cooper started playing because his parents wanted him to try a sport, and he ended up liking it a lot. He also says it gives him something to look forward to.

As you may know, baseball is at the end of the year, in the spring, so to keep busy during the beginning of the school year, Cooper does swimming

and basketball. This is his first year of swimming, and he's been playing basketball since he was seven years old.

Cooper is generally a straight A student and is involved in Leadership. He says it is going really well and that he enjoys it, although

he mentions that it is a lot of work having to partake in outside of school activities.

When asked how he manages homework and sports, he says that he stays up late to get it all done.

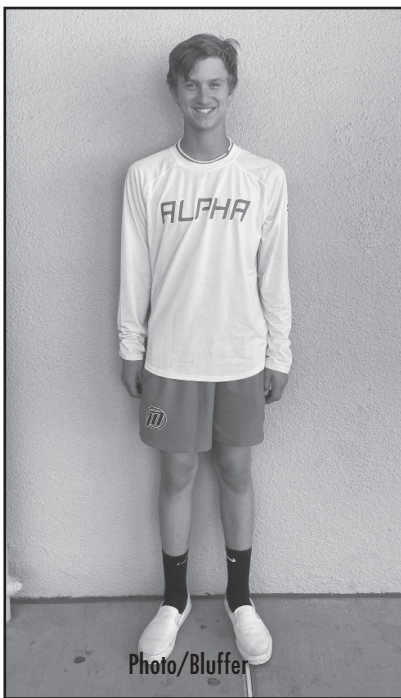
He also adds that it is going to become more difficult to keep up with once other sports start.

In his free time, Cooper enjoys playing with his dogs and training for baseball.

When asked about his plans for the future, he said, "I plan to stick with baseball, and if I do not get drafted I want to go on to play for Stanford or UC San Diego."

With commitment and dedication, there is no doubt that Cooper will reach success.

This young student athlete has a great career ahead of him and it will be exciting to see how his plans play out.



Photo/Bluffer

Halloween Carnivals welcome for all ages

Logan Deveraux
Staff Writer

As the fall season begins, Halloween is fast approaching. Different schools are hosting Halloween Carnivals to get into the spirit of Halloween. On Friday the 21st, Antelope elementary school will host one of these Halloween Carnivals. This carnival will begin at 3:00 pm and last until 8:00 pm. During the carnival, young kids will have great opportunities to get candy before Halloween. Volunteer opportunities are available to Red Bluff high school students; if you are interested, sign up in the office. This event will also be supported by the clubs offered on Red Bluff High School Campus. Clubs like the National Honors Society and Key Club will be sending out volunteers to help and support the event. When asked what you are most excited about when volunteering RBHS Junior, Jordan Brandt said, "I think the most fun part of the carnival is seeing all the kids in costumes."

Later on Saturday, October 29th, Lassen View Elementary

School will also be hosting Halloween Carnival from 2:15 pm to 7 pm. The activities that will be available to the participants are games like Cat tail ring toss, Plinko, Corn bag toss, cake walk, Fishing for candy, an apple cider booth, Lollipop Pull, and Spin the wheel. There will also be Taco Truck and pizza from Round Table available for purchase there. There will also be a contest for the best Halloween costume.

When asked why she wanted to volunteer for the Halloween Carnival, Red Bluff High School Sophomore Luis Serrano said, "I used to go to Lassen View, and I remember going to the Carnival. I loved playing the games."

"I like to give back to the school and do it for volunteer hours." The two carnivals are open to all ages, welcoming anybody who would love to visit.



Spartan Teacher Feature: Ms. Bliss

Stevie Moore
Staff Writer

Jamie Bliss has been teaching at Red Bluff High School for two years. Previously, she taught for a total of six years combined at Vista Middle School and Bidwell Elementary.

After finishing her high school career at Red Bluff High School in the Class of 1995, she continued on to college at Shasta to earn her AA, then off to BYU to earn her English teaching credential, and bachelors degree.

Next, she continued to University of San Diego and Simpson University to get her multiple subject credential. Being a teacher has always been in the

back of her mind, but she made the decision in high school that it is really the job for her. She knew this because her parents were educators, so growing up, her household has always valued education, and she has always been taught to love to learn.

She listens and loves learning, and she really enjoys having the opportunity to teach kids how to love learning just like her. Her students make her day to day job exponentially better because they come everyday ready and excited.

Ms. Bliss also really admires other teachers and staff on this campus. Her previous jobs included Subway at fourteen years

old, working in a private investigation office, and lastly working at Migrant Ed teaching children of migrant workers. Finally, she landed on her current job as an English teacher at Red Bluff High School.

Ms. Bliss adores her family. She has six kids: Elijah (age 21), Hyrum (age 18), Benjamin (deceased), Elenore (age 15), Luke (age 12), and Emma (age 10). Her biggest accomplishment is raising extraordinary kids, because for almost half of her life she has raised these kids to be strong and independent.

She says it is very rewarding to watch them grow into amazing people. In Bliss's spare time she loves to be outside, go

on road trips, be with her kids, play games, and read.

Her favorite books include anything written by Chaim Potok, and the novel "Obasan" by Joy Kogawa.

One fun fact about Ms. Bliss is that she once had a gallbladder attack while sleeping overnight in an igloo. Something that Ms. Bliss has a fond love for is "Harry Potter." She loves to talk about the books and will proudly advocate for "Harry Potter" because she loves all of them.

One of the things Ms. Bliss loves about teaching is the connections she has the pleasure of making with all of her students. Everyday she has a smile on her face and is thrilled to be in the classroom.



Photo/Bluffer

Psychological thriller: 'Don't Worry Darling' has viewers on the edge of their seats

Keilina Linsdrom
Staff Writer

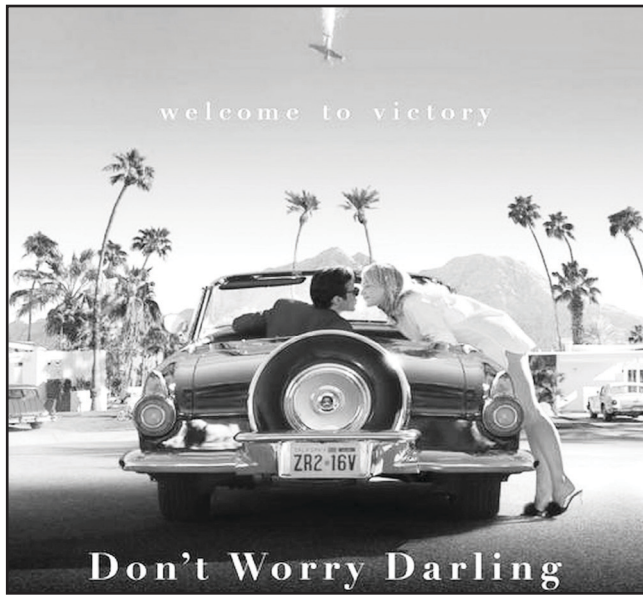
'Don't Worry Darling' is a new psychological thriller starring Harry Styles and Florence Pugh that is directed by Olivia Wilde.

There are also some other familiar faces in the movie, like Gemma Chan, Chris Pine, and Nick Kroll. This is Wilde's second film as a director, her first being the teen comedy 'Booksmart'.

It came out September 3rd this year and you are able to watch the movie in the theaters. They started filming in 2020, so fans have been anxious to see it.

The movie is based in the 1950's and it's about a young couple Jack and Alice and they are part of the Victory project. This is a project with men that are working on an experiment in a top secret town. The wives stay at home to cook and clean everyday

while the husbands are at work. Everything is normal and perfect at Victory, until on and everyone thinks Alice has started to become crazy. Alice begins to try to figure out what is



Alice starts to notice things. She becomes suspicious and disturbing secrets begin to unfold. None of the wives know what the husbands are working

going on and why they are even there in the first place. While watching the movie there are a lot of jaw dropping moments so you will be on the edge of your seat the entire time trying to figure out what is going to happen next. It is kind of confusing in the beginning but at the end it all makes sense and you will connect the dots. This is Harry Styles's first time starring in a movie with a major role, so people were skeptical about seeing him act in this movie. I think he did great for his first time as a main character, and I'm not just saying that because I'm a fan but because I think he genuinely did good.

Since Harry is very well known as a musician, his popularity helped 'Don't Worry Darling' make \$32.8 million dollars the second week after the movie was released. The movie is rated R for some trigger warnings and adult content.



So if you decide to see the movie I recommend seeing it with an adult.

I think everyone should watch this movie.



"This movie changed my life!"

Mediocre romance series

CJ Klausner
Staff Writer

'The Empress' is a new romance series on Netflix set in 1867 following Elizabeth, the Empress of Austria, nicknamed Sisi.

Originally recorded in German, the show. The English dub lines up fairly well with the video without resulting in too much awkward lip syncing, for those who would rather opt out of reading the subtitles. However, I wouldn't recommend it, as the English dub pales in comparison to listening to the cast speak in their own language. Devrim Lingnau does an excellent job portraying a blend of Sisi's naivety and grace. The lead's acting shines through, conveying the empress' struggles in a believable way.

The protagonist's rambunctious behavior in the show sets it up perfectly for a fresh take. The feminist take on 17th-19th century era has become a popular formula in recent years, and The Empress follows this pattern closely. Many Regency era shows

have risen in popularity such as 'Bridgerton'. The costumes in 'The Empress' are similarly incredibly striking, despite being seemingly quite historically inaccurate.

They use plenty of vibrant and uniquely textured fabrics

come out within the past that accomplished the premise more effectively. 'The Great' being a prime example, and 'The Serpent Queen' being a more recent case. The former is a Hulu original starring Elle Fanning and Nicholas Hoult and the latter is a Starz exclusive which seems to draw inspiration from Phoebe Waller Bridge's 'Fleabag' in its fourth wall breaking style of comedy.

The show is six episodes long with each being an hour, making it a bingeable series for an otherwise unoccupied weekend.

With the plans of one of Elisabeth's ladies in waiting- Leontine von Apafi- setting the show up perfectly for a second season, we may be seeing even more of Sisi in the future.



which are often avoided in period dramas. 'Bridgerton' is one example of a show which embraces historical inaccuracies, not only in costuming but by using covers of modern music as well.

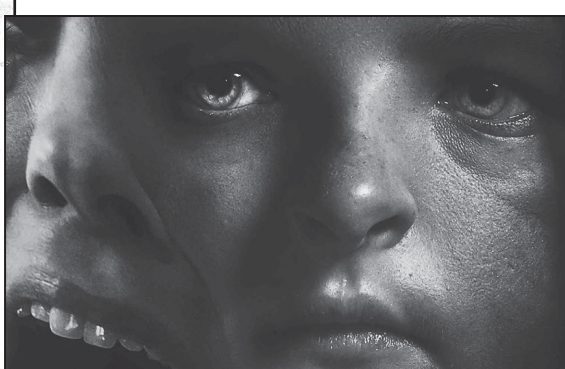
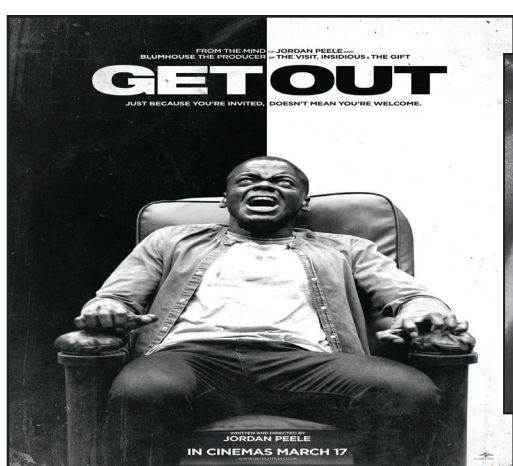
This bold approach to costumetaking is incredibly common in the aforementioned shows, as they often opt for valuing aesthetics over adhering to strict period-piece standards. Many similar series have



"Ok, but others do it better."

The Bluffer's Favorite Halloween Movies

1. Hereditary
2. Get Out
3. Coraline
4. American Psycho
5. The Exorcist
6. Scream
7. Midsommar
8. The Conjuring
9. Monster House
10. Frankenweenie



'Emergency Intercom' appeals Gen Z's bizzare sense of humor

CJ Klausner
Staff Writer

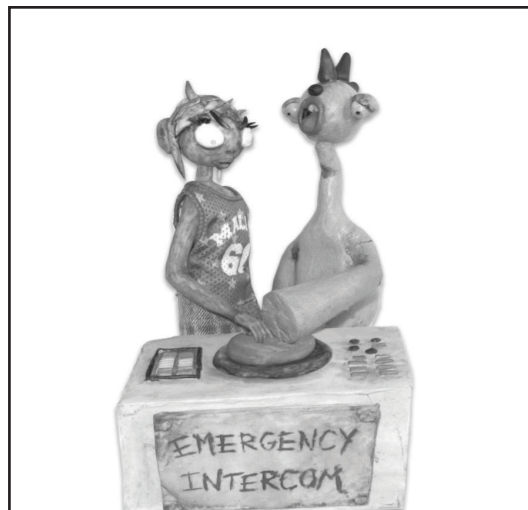
Emergency Intercom is a podcast hosted by two friends- Enya Umazor and Drew Phillips. Enya is commonly referenced as a style inspiration for many. On the show, the two comedy and fashion influencers are commonly joined by their friend, Kai, who is their audio engineer. The pair got their start like many other comedic content creators, on Vine in the 2010s.

They have been friends for nearly a decade at this point, however they only started their podcast with each other in the summer of last year. Said to have been born out of "Pandemic Boredom", their podcast's energy is fun, playful, and a bit all over the place. They have described the podcast's style as very "stream of consciousness", as it is almost entirely unstructured

recordings of Drew and Enya's chats with each other. While this may seem to be a weak approach to a podcast, in the case of Emergency Intercom, it works surprisingly incredibly well.

show can be found on Youtube, where they have garnered nearly 220k subscribers.

In their Spotify description it says "There is no emergency, but there is an intense need for attention, so maybe listen up...". Needless to say, their style of humor is uniquely Gen Z in many ways. They play up their desire for attention and self obsession as well as using self deprecating humor to balance the scales. When asked in an interview with PAPER magazine where the title for their podcast came from, they explained that it came from an unwarranted desire to use the emergency intercom on the subway, saying "That's literally what the podcast is. That's literally just our inherent need to be like, 'Should we be loud right now?'"



Their conversations' chaotic structure suits their chaotic style of humor, which is certainly reflected in running jokes like the confusion as to whether Enya and Drew are cousins or dating. Although the podcast is streaming on Spotify as well as most other audio platforms, Emergency Intercom is also filmed with video to accompany their conversations. Video of the



"Fun, goofy podcast!"

"Sparks" by Coldplay remains a vocally stunning album

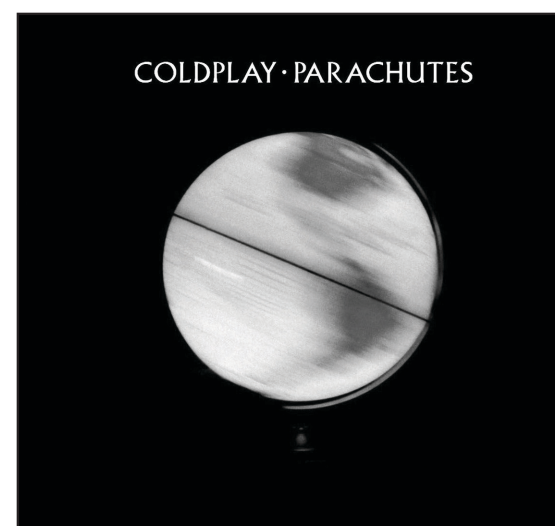
Callum Lugo
Staff Writer

Parachutes is an album by Coldplay that came out on July 10th, 2000. It has a rating of 4.9 and has amazing reviews. It has 10 songs. "Don't Panic", "Shiver", "Spies", "Sparks", "Yellow", "Trouble", "Parachutes", "High Speed", "We Never Change", and "Everything's Not Lost".

Coldplay is a British band with four people. Pianist-Vocalist Chris Martin and guitarist Jonny Buckland, later Guy Berryman on bass joined, and finally Will Champion who was a guitarist but later switched to drums joined. They started their band in 1998 at University College, London. Parachutes sold around 13,000,000 copies and won their first Grammy Award for the best alternative album. I really liked this album. I heard it around 2 years ago and I still listen to it. My favorites are Yellow, Sparks, and Trouble. Their vocalist

last world tour they made around 88 million dollars. "Yellow" is considered the best song on Parachutes

Chris Martin is really good and they have a really good band all together. Sparks is a shorter song and is really calming. It's a sadder song in my opinion. It talks about his partner leaving him and he emphasizes how hurt he is knowing he hurt his partner, phishing her away until she had no choice but to leave. I also really enjoy "Trouble". Trouble revolves around piano and is calming. Coldplay is really good with their instruments and makes their songs really well. Personally, I thought this was a good album. I would give it a 4.8 rating.



"The album took me to another world!"

2022 Red Bluff Volleyball starts off the season with some hardships, but it's time for a comeback

Keilina Lindstrom
Staff Writer

The varsity Volleyball team has had a tough start to the season. The team has been struggling lately because of recent events that have happened to their team and they are trying to overcome the mental hurdles. They are becoming stronger, as a team, because of their teamwork and passion towards the sport. Some of the team's strengths are that they support each other from the sidelines and they always stick together when things get stressful on the team. For the most part they work great together as a team. Sometimes they get mad at each other when they mess up, but they are planning on working on that problem.

Coach Jessica always supports the team and teaches them how to genuinely get better. She tries to help them mentally and physically the best she can. A majority of the team said that she is a nice coach

their hardest competitor so far. They recently played against Shasta and lost, but it was a close game. During the game they all tried their best and kept a positive attitude. Madison

this team and who is also on the school's dance team. She chose to play volleyball because her sister got her to start liking it when she was younger and she has been playing ever since because it makes her happy and it helps clear her mind. She watched a Chico State game and saw how strong each player was and it inspired her to be that good and looking at them play you can see their strong mindset. This year it was easier for her to handle both dance and volleyball because of the support of teachers, friends, and family. She definitely had to learn how to multitask and she said after high school she would like to play in college. A junior Kalee Arrasmith who is also on the varsity volleyball team said she likes playing because of how fun it is playing and having her great teammates with her. She hopes to go to San Diego



A NASTY serve by #5 on varsity volleyball team

College and continue playing volleyball. The team likes enjoying each other's company and when the team is doing the best they still have fun and a lot of them want to continue playing after high school. If you want to come support our school's volleyball team come to the games and they usually start at 7 o'clock and you can look up the schedule to see what days the games are. Each game has a different dress up theme that leadership comes up with. Students like dressing up and the players like the supporters at their games.



Volleyball team talk in a timeout during the game

and that she has a lot of past volleyball experience. Girls on the team said that PV was

Garcia is a senior who has been playing since freshman year on

2022 Girls Field hockey team approaching a hasty end

Luke Lyford
Staff Writer

The Red Bluff High field hockey season is sadly already almost over. Several excited new players have said they've had a great time playing. This year's coach, Deondra Wilfong, coaches the JV team, which has roughly fifteen people, only eleven being needed for a full team. Several of the new and returning players said that they very much like the game and would like to do it again next year. Returning player and sophomore student, Devin Kerr, played last year and is back again this year to keep going. This is now Devin's second year playing and when she was questioned why, she said, "I just wanted to." Devin says her biggest weakness is not being able to stay open for

passes. She also says her biggest strength is, ironically, always being able to be available for new positions. Devin's main positions on the team are midfield and back. Devin's not sure if she'll do it next year, although she said she sure liked it in the past! First year player

and she said she loves it! This year, Chloe's positions as of now have been defense or back. It being her first year, Chloe said her weakness is that she doesn't bring her stick close enough to the ground. However, she says that her biggest strength is her quick decision making skills. When she was asked why she joined, she said, "I thought it would be a good replacement for PE." However, as of right now, she says she loves it! A senior on the team and first year player, Madison Moore, takes the field. Madison said that she decided to join this year for something new to try on her last year here. This being her first and last year, she said that her weakness is being overly critical about herself, and her strength is her ability to stay open for new positions. As of writing this there are two more games, so hopefully we see you there!



someone on the team clearing the ball

and sophomore homecoming princess, Chloe Webb, joined field hockey for the first time this year

2022 Red Bluff football season is coming to a close

Jocelyn Thao
Staff Writer

The football season is near to its end for the freshman football team, and we want to know how the team is doing after such a tough season. After a long losing streak throughout September, as of October 3rd, they finally won their most recent game on the 29th of September, but it was a very close win of 22-20 against West Valley on their home turf.

player, Cruz Servera, number 11 on the team and the starting running back, says that his strengths are definitely his body's stability.

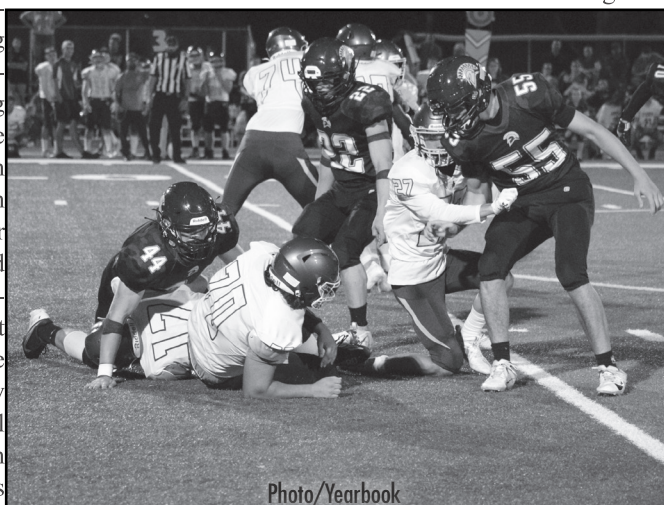
He believes that when hit by an opponent, which is often, he can bounce back and immediately get back to the game quickly. The team tries their

best to bond with each other as much as they can outside of the sport, like having lunch together on Thursdays, but few hope in the future that they could all get together during the weekends to hangout and play ball without any coach supervision for a better team bonding experience.



A nice tackle by red bluff at the recent game

One of the players on the team, Christopher Williams, is so excited about the win that he gets "incredibly sturdy" in front of the two teams after their first win in a long time, and his confidence is exuberantly motivating for the team. Referring to the growing strengths of some of the players on the team, Ashden Wehby, number 7 on the team and the starting quarterback, believes that his strengths on the team are definitely more on the mental side. He's smart on the field and thinks quick on his feet when his coaches call their plays. Another



A nice tackle by red bluff at the recent game

Upon receiving new black jerseys this year, a lot of the team agrees that they are much better than the old green ones, and love that they're tight fitting and have their last names on the backs of them to easily identify who is who if you didn't know a player's number.

With the season coming to an end, you won't want to miss the last few games that the freshman football team has, which take place on the 27th of October against Shasta and the 5th of November against.

Help support and motivate them by showing up and representing! We wish all the football teams a great season's end!

Girls keep increasing their scores every tournament

Courtney Evans
Staff Writer

Red Bluff High's girls golf team has been competing in tournaments since the beginning of the school year. One of the recent events the girls competed in was a tournament in Roseville against Chico High School back on October 3rd. According to coach Culp, the girls did good and were able to increase their scores.

To learn a little bit more about our players and team, representatives from the bluffer interviewed a few players about how they think they are doing so far and interviewed coach Culp. We interviewed junior Rey Gonzales. She says "Overall I think I'm a good player, but a weakness I do have is staying patient when playing." Rey is number one on our team and qualifies for sections. We also interviewed junior Jesse

James. She believes that she has room for improvement and says "I struggle the most with hitting my driver in games and controlling how easily I get mad." Jesse is second on our team and also qualifies for sections. Lastly, we interviewed Nevaeh Anger. She says she struggles with staying confident while playing.

She is third on the team and is really close to qualifying for sections, and hopefully will qualify after playing in the next couple tournaments coming up. This is Nevaeh's first year on our team and is considering playing for a second year. In our interview with coach Culp, he explained how golf is all about managing your disappointment, and not



A gnarly swing by Jesse James on the Girls Gold team

letting it hold you back from improving as players. We asked coach Culp what he thinks the team could improve on the most, he says, "They need to work on being more disciplined." Coach Culp expressed that he is very excited to see them continue to grow as players. It sounds like our golf team has been having a pretty good season so far, our team has a lot of potential. It will be really exciting to see growth in our team as the season progresses.

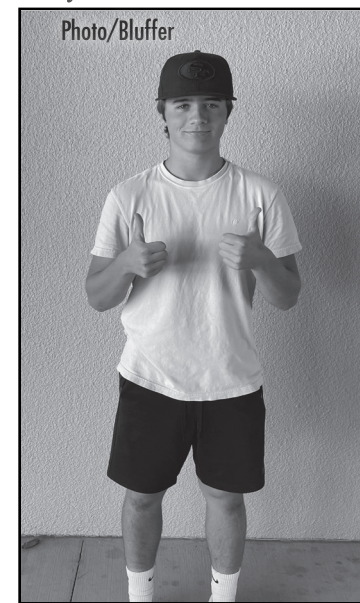
PLAYER OF THE ISSUE: Paul Snider

Luke Lyford
Staff Writer

Sophomore student Paul Snider. Paul Snider is a student here at Red Bluff High School, who is an athlete and a great student academically. Paul plays on the JV team as middle linebacker. Other than football, he also plays golf for the school, which he started last year. He also plays baseball for the school, which is not necessarily his main focus currently. Paul said he has been playing golf for as long as he can remember,

similar to baseball, because he played tee-ball all the way to the high school level. However, a somewhat new sport to Paul is alpine. He joined the team last year and is now great on the slopes as a snowboarder. He plans on playing all four sports again this year. Although he is active in the other three sports, his main focus is football. Ironically, he has been playing football less than both of the other sports, since he has been playing football for six years as a middle linebacker. When asked for his opinion on sports he said, "Sports are

very sicko mode."



THE CONJURING

HALLOWEEN MEETS RED BLUFF HIGH-SCHOOL - 4 DEAD

HALLOWEEN IS SOON APPROACHING. THIS IS A COLLECTION OF A FEW OF THE HALLOWEEN STAPLES. THIS TO HELP YOU FIND THE MOST TRENDY COSTUMES, PLACES, CANDY AND SCARY MOVIES. HAPPY HALLOWEEN!

WHAT IS YOUR FAVORITE CHILDHOOD COSTUME?

"PROBABLY A CAT" - RYLIE REED(9)

"A TOOTSIE ROLL." - GAGE SMITH(10)

"I WAS A VAMPIRE PRINCESS FOR LIKE 5 YEARS IN A A ROW." - KJ(11)

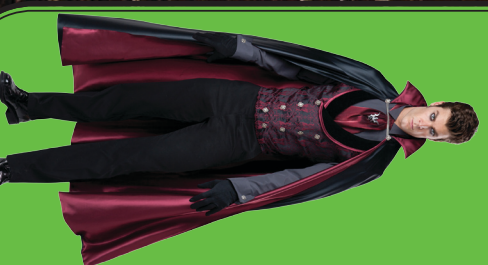
"LIKE ROMAN LEGIONARY" - ROBERT RICHARDSON(12)

LOCAL HOTSPOT! JULIA'S FRUIT STAND IS HAVING A FALL SPECIAL. PUMPKIN PATCH! THEY HAVE AN ABUNDANCE OF FRUITS, VEGETABLES AND PUMPKINS WITH LIVE MUSIC AND A FOOD TRUCK SUNDAY 10-3 P.M. AND PLENTY OF CHIL-



DREN'S GAMES. JULIA'S IS OPEN 8:00-6:00PM, 7 DAYS A WEEK.

WITH THE INFLUX OF NEW SHOES AND MOVIES, NEW COSTUMES HAVE POPPED UP LEFT RIGHT AND CENTER ALTHOUGH, THOSE IN RED BLUFF LOVE THEIR CLASSICS, WITH A VAMPIRE



BEING THE MOST POPULAR COSTUME THIS YEAR.

YOU CAN'T HAVE HALLOWEEN WITHOUT SCARY MOVIES. ALTHOUGH NEW FAVORITES LIKE IT AND SMILE HAVE BEEN CAPTIVATING AUDIENCES, THE RED BLUFF HIGH STUDENTS STILL LOVE THE CLASSICS, WITH THE CONJURING BEING THEIR ALL TIME FAVORITE



THE FUNDAMENTAL PART OF HALLOWEEN IS THE CANDY. THERE ARE MANY GREATS LIKE TWIX, SOUR PATCH KIDS AND SNICKERS, BUT THE STUDENTS HAVE SPOKEN AND KIT-KAT IS THIS YEAR'S FAVORITE CANDY!

